


































Upright Head, Lopez Island, WA - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:20	8.1	5:04	7.2	11:12	2.7	11:09	1.5	6:52	5:55	
2	Tue	5:43	8.0	6:15	7.0	11:58	1.7	11:50	2.6	6:50	5:56	
3	Wed	6:04	8.0	7:29	6.8			12:45	0.9	6:48	5:58	
4	Thu	6:25	7.8	8:49	6.6	12:32	3.8	1:35	0.4	6:46	5:59	
5	Fri	6:48	7.7	10:16	6.5	1:14	4.8	2:26	0.2	6:44	6:01	
6	Sat	7:13	7.5	11:48	6.6	1:57	5.6	3:21	0.2	6:42	6:03	
7	Sun	7:41	7.3			2:47	6.2	4:20	0.3	6:40	6:04	
8	Mon	1:07	6.8	8:16 AM	7.0	3:57	6.5	5:25	0.4	6:38	6:06	
9	Tue	2:05	7.0	9:08 AM	6.6	6:59	6.5	6:28	0.5	6:36	6:07	
10	Wed	2:48	7.2	10:33 AM	6.3	8:08	6.1	7:22	0.6	6:34	6:09	
11	Thu	3:21	7.2	12:16	6.1	8:47	5.6	8:07	0.8	6:32	6:10	
12	Fri	3:48	7.3	1:37	6.1	9:18	5.0	8:46	1.0	6:30	6:12	
13	Sat	4:12	7.2	2:43	6.2	9:45	4.4	9:22	1.3	6:28	6:13	
14	Sun	5:32	7.2	4:43	6.3	11:11	3.7	10:55	1.8	7:26	7:15	
15	Mon	5:47	7.1	5:36	6.3	11:38	3.0	11:27	2.3	7:24	7:16	
16	Tue	5:58	7.0	6:26	6.4			12:06	2.3	7:21	7:18	
17	Wed	6:05	7.0	7:17	6.5	12:00	2.9	12:36	1.6	7:19	7:19	
18	Thu	6:16	7.0	8:13	6.5	12:33	3.6	1:10	1.0	7:17	7:21	
19	Fri	6:32	7.0	9:20	6.5	1:09	4.4	1:48	0.6	7:15	7:22	
20	Sat	6:52	7.1	10:41	6.6	1:47	5.1	2:31	0.2	7:13	7:24	
21	Sun	7:14	7.1			2:32	5.7	3:19	-0.1	7:11	7:25	
22	Mon	12:09	6.8	7:41 AM	7.1	3:26	6.2	4:14	-0.3	7:09	7:27	
23	Tue	1:23	7.1	8:19 AM	7.0	4:38	6.5	5:14	-0.3	7:07	7:28	
24	Wed	2:15	7.4	9:33 AM	6.6	6:32	6.5	6:20	-0.2	7:05	7:30	
25	Thu	2:54	7.5	11:20 AM	6.3	8:13	5.9	7:27	0.0	7:03	7:31	
26	Fri	3:27	7.6	1:14	6.1	9:00	4.9	8:28	0.4	7:01	7:33	
27	Sat	3:55	7.6	2:55	6.3	9:41	3.7	9:24	1.0	6:58	7:34	
28	Sun	4:21	7.6	4:20	6.7	10:22	2.5	10:16	1.8	6:56	7:36	
29	Mon	4:45	7.6	5:33	7.0	11:03	1.3	11:04	2.7	6:54	7:37	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Tue	5:08	7.6	6:39	7.3	11:44	0.2	11:51	3.6	6:52	7:39	○
31	Wed	5:30	7.5	7:41	7.4			12:26	-0.5	6:50	7:40	○