






Upright Head, Lopez Island, WA - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:33	5.2	10:07	7.8	4:08	5.0	2:04	0.6	5:13	9:17	
2	Fri	7:40	4.6	10:20	7.6	4:49	4.2	2:36	1.5	5:14	9:16	
3	Sat	9:14	4.1	10:28	7.5	5:28	3.4	3:08	2.5	5:14	9:16	
4	Sun			12:24	4.0	6:06	2.5	3:41	3.5	5:15	9:16	
5	Mon			11:01	7.6	6:45	1.6			5:16	9:15	
6	Tue			11:29	7.6	7:24	0.7			5:17	9:15	
7	Wed					8:04	-0.3			5:18	9:14	
8	Thu	12:04	7.8	5:38	7.2	8:45	-1.2	8:10	6.9	5:18	9:14	
9	Fri	12:46	7.9	6:12	7.8	9:27	-1.9	9:32	7.1	5:19	9:13	
10	Sat	1:34	7.9	6:45	8.3	10:11	-2.5	10:44	7.1	5:20	9:13	
11	Sun	2:27	7.8	7:18	8.6	10:54	-2.8	11:44	6.8	5:21	9:12	
12	Mon	3:26	7.6	7:49	8.7	11:37	-2.7			5:22	9:11	
13	Tue	4:31	7.2	8:19	8.6	12:41	6.2	12:20	-2.2	5:23	9:11	
14	Wed	5:39	6.7	8:47	8.5	1:38	5.4	1:03	-1.3	5:24	9:10	
15	Thu	6:52	6.0	9:12	8.4	2:36	4.4	1:45	0.0	5:25	9:09	
16	Fri	8:19	5.3	9:35	8.3	3:33	3.2	2:27	1.4	5:26	9:08	
17	Sat	10:19	4.8	9:58	8.2	4:30	2.1	3:08	2.9	5:27	9:07	
18	Sun			12:31	5.0	5:27	1.0	3:48	4.2	5:28	9:06	
19	Mon			2:21	5.6	6:26	0.1	4:29	5.4	5:30	9:05	
20	Tue			11:24	7.9	7:23	-0.7			5:31	9:04	
21	Wed			4:58	7.0	8:15	-1.2	7:16	6.9	5:32	9:03	
22	Thu	12:05	7.8	5:37	7.5	9:03	-1.5	9:18	7.0	5:33	9:02	
23	Fri	12:53	7.6	6:10	7.7	9:46	-1.6	10:32	6.8	5:34	9:01	
24	Sat	1:43	7.3	6:40	7.9	10:26	-1.6	11:24	6.5	5:36	9:00	
25	Sun	2:35	7.1	7:08	7.9	11:01	-1.4			5:37	8:58	
26	Mon	3:27	6.8	7:35	7.9	12:06	6.1	11:34 AM	-1.1	5:38	8:57	
27	Tue	4:20	6.4	8:00	7.8	12:46	5.7	12:04	-0.6	5:39	8:56	
28	Wed	5:13	6.1	8:21	7.7	1:24	5.2	12:34	0.0	5:41	8:55	
29	Thu	6:05	5.7	8:37	7.5	2:03	4.6	1:03	0.7	5:42	8:53	
30	Fri	7:01	5.2	8:46	7.3	2:41	4.0	1:33	1.6	5:43	8:52	
31	Sat	8:06	4.8	8:54	7.3	3:19	3.3	2:04	2.5	5:44	8:50	