










## Upright Head, Lopez Island, WA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:39	4.6	9:07	7.3	3:59	2.6	2:35	3.4	5:46	8:49	
2	Mon			12:18	4.7	4:42	1.9	3:07	4.4	5:47	8:47	
3	Tue			9:54	7.4	5:30	1.1			5:48	8:46	
4	Wed			10:30	7.5	6:23	0.4			5:50	8:44	
5	Thu			11:18	7.6	7:18	-0.4			5:51	8:43	
6	Fri			5:03	7.3	8:10	-1.1	8:06	6.9	5:52	8:41	
7	Sat	12:20	7.6	5:33	7.8	9:00	-1.7	9:27	6.7	5:54	8:40	
8	Sun	1:28	7.6	6:01	8.0	9:48	-2.0	10:28	6.2	5:55	8:38	
9	Mon	2:38	7.5	6:28	8.1	10:34	-2.0	11:20	5.4	5:57	8:36	
10	Tue	3:50	7.3	6:54	8.1	11:19	-1.5			5:58	8:35	
11	Wed	5:04	7.0	7:18	8.1	12:09	4.4	12:02	-0.7	5:59	8:33	
12	Thu	6:17	6.6	7:41	8.0	12:59	3.4	12:45	0.5	6:01	8:31	
13	Fri	7:35	6.2	8:03	7.9	1:51	2.3	1:27	1.8	6:02	8:30	
14	Sat	9:05	5.9	8:26	7.8	2:45	1.4	2:09	3.1	6:04	8:28	
15	Sun	10:47	5.7	8:51	7.7	3:41	0.6	2:51	4.3	6:05	8:26	
16	Mon			12:34	5.9	4:38	0.1	3:35	5.4	6:06	8:24	
17	Tue			2:08	6.3	5:40	-0.3	4:27	6.1	6:08	8:22	
18	Wed			3:22	6.8	6:44	-0.5	5:58	6.6	6:09	8:21	
19	Thu			4:14	7.1	7:44	-0.6	8:31	6.6	6:10	8:19	
20	Fri			4:52	7.3	8:37	-0.6	9:39	6.2	6:12	8:17	
21	Sat	12:50	6.7	5:22	7.4	9:22	-0.6	10:24	5.8	6:13	8:15	
22	Sun	2:00	6.5	5:49	7.4	10:02	-0.4	11:00	5.3	6:15	8:13	
23	Mon	3:02	6.4	6:13	7.4	10:37	-0.1	11:31	4.8	6:16	8:11	
24	Tue	4:01	6.3	6:35	7.3	11:08	0.3			6:17	8:09	
25	Wed	4:57	6.1	6:52	7.2	12:01	4.2	11:38 AM	0.8	6:19	8:07	
26	Thu	5:49	6.0	7:04	7.1	12:30	3.6	12:08	1.5	6:20	8:05	
27	Fri	6:40	5.8	7:11	6.9	1:02	3.0	12:38	2.2	6:22	8:03	
28	Sat	7:34	5.7	7:20	6.9	1:35	2.4	1:09	3.0	6:23	8:01	
29	Sun	8:40	5.5	7:34	6.9	2:12	1.9	1:42	3.8	6:24	7:59	
30	Mon	10:10	5.5	7:53	6.9	2:53	1.4	2:18	4.6	6:26	7:57	
31	Tue			12:04	5.7	3:38	0.9	2:59	5.3	6:27	7:55	