







Upright Head, Lopez Island, WA - Aug 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:16	7.5	6:11	7.9	10:18	-1.7	10:54	5.8	5:47	8:48	
2	Tue	3:11	7.3	6:48	8.0	11:01	-1.6	11:48	5.4	5:48	8:47	
3	Wed	4:06	7.0	7:23	8.0	11:40	-1.2			5:49	8:45	
4	Thu	5:01	6.6	7:56	7.9	12:37	5.0	12:17	-0.6	5:51	8:44	
5	Fri	5:53	6.2	8:26	7.7	1:25	4.6	12:53	0.1	5:52	8:42	
6	Sat	6:45	5.8	8:54	7.5	2:13	4.1	1:27	0.9	5:53	8:40	
7	Sun	7:41	5.3	9:17	7.3	3:00	3.6	2:01	1.7	5:55	8:39	
8	Mon	8:52	4.9	9:36	7.1	3:46	3.1	2:36	2.6	5:56	8:37	
9	Tue	10:38	4.7	9:53	7.0	4:33	2.6	3:13	3.4	5:57	8:36	
10	Wed			12:36	4.8	5:22	2.2	3:53	4.2	5:59	8:34	
11	Thu			2:05	5.2	6:14	1.6	4:42	4.9	6:00	8:32	
12	Fri			3:13	5.7	7:05	1.1	5:50	5.4	6:02	8:30	
13	Sat			4:05	6.3	7:53	0.6	7:18	5.7	6:03	8:29	
14	Sun	12:16	6.8	4:46	6.7	8:36	0.1	8:39	5.8	6:04	8:27	
15	Mon	1:09	6.9	5:21	7.1	9:17	-0.3	9:40	5.7	6:06	8:25	
16	Tue	2:03	6.9	5:52	7.4	9:56	-0.7	10:30	5.4	6:07	8:23	
17	Wed	2:58	6.9	6:21	7.6	10:35	-0.8	11:15	5.0	6:08	8:21	
18	Thu	3:54	6.8	6:48	7.7	11:15	-0.7	11:58	4.4	6:10	8:20	
19	Fri	4:53	6.8	7:13	7.7	11:54	-0.3			6:11	8:18	
20	Sat	5:52	6.6	7:37	7.7	12:42	3.8	12:34	0.3	6:13	8:16	
21	Sun	6:55	6.3	8:01	7.6	1:29	3.0	1:16	1.1	6:14	8:14	
22	Mon	8:06	6.0	8:27	7.6	2:20	2.3	2:00	2.2	6:15	8:12	
23	Tue	9:36	5.7	8:57	7.5	3:14	1.5	2:47	3.2	6:17	8:10	
24	Wed	11:23	5.7	9:32	7.4	4:11	0.9	3:38	4.2	6:18	8:08	
25	Thu			1:03	6.0	5:12	0.4	4:38	5.1	6:20	8:06	
26	Fri			2:21	6.5	6:18	-0.1	5:57	5.6	6:21	8:04	
27	Sat			3:22	6.9	7:22	-0.4	7:43	5.8	6:22	8:02	
28	Sun	12:13	7.0	4:12	7.2	8:21	-0.6	9:03	5.5	6:24	8:00	
29	Mon	1:24	6.8	4:54	7.4	9:13	-0.6	10:01	5.1	6:25	7:58	
30	Tue	2:32	6.7	5:30	7.5	9:59	-0.4	10:48	4.6	6:27	7:56	
31	Wed	3:36	6.6	6:03	7.5	10:41	-0.1	11:28	4.1	6:28	7:54	