

































## Upright Head, Lopez Island, WA - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:05	7.1	11:00 AM	6.8	7:46	6.4	7:42	0.3	6:52	5:54	
2	Sat	3:47	7.4	12:08	6.6	8:47	6.1	8:26	0.2	6:50	5:56	
3	Sun	4:21	7.5	1:11	6.6	9:29	5.8	9:05	0.2	6:48	5:58	
4	Mon	4:51	7.6	2:10	6.6	10:03	5.4	9:41	0.3	6:46	5:59	
5	Tue	5:18	7.6	3:04	6.5	10:32	5.0	10:14	0.5	6:44	6:01	
6	Wed	5:42	7.5	3:55	6.5	11:01	4.5	10:45	0.8	6:42	6:02	
7	Thu	6:02	7.4	4:43	6.4	11:31	4.0	11:16	1.3	6:40	6:04	
8	Fri	6:17	7.3	5:31	6.3			12:02	3.5	6:38	6:05	
9	Sat	6:27	7.1	6:23	6.1			12:37	2.9	6:36	6:07	
10	Sun	7:38	7.0	8:23	6.0	12:22	2.7	2:14	2.3	7:34	7:08	
11	Mon	7:53	7.0	9:41	5.9	1:58	3.5	2:55	1.8	7:32	7:10	
12	Tue	8:14	7.0	11:28	6.0	2:39	4.3	3:41	1.2	7:30	7:11	
13	Wed	8:40	7.0			3:26	5.1	4:33	0.7	7:28	7:13	
14	Thu	1:11	6.4	9:15 AM	7.0	4:24	5.8	5:31	0.3	7:26	7:14	
15	Fri	2:23	6.9	10:04 AM	6.9	5:45	6.3	6:36	-0.1	7:24	7:16	
16	Sat	3:17	7.4	11:16 AM	6.8	7:36	6.3	7:41	-0.5	7:22	7:18	
17	Sun	4:01	7.7	12:43	6.8	8:56	6.0	8:41	-0.7	7:20	7:19	
18	Mon	4:39	7.9	2:08	6.8	9:48	5.3	9:36	-0.6	7:18	7:21	
19	Tue	5:12	8.0	3:29	6.9	10:34	4.5	10:28	-0.3	7:16	7:22	
20	Wed	5:42	8.0	4:46	7.0	11:17	3.5	11:16	0.4	7:13	7:24	
21	Thu	6:10	7.9	5:56	7.1			12:00	2.5	7:11	7:25	
22	Fri	6:35	7.7	7:03	7.1	12:02	1.3	12:44	1.6	7:09	7:26	
23	Sat	6:59	7.6	8:12	6.9	12:47	2.3	1:29	0.9	7:07	7:28	
24	Sun	7:21	7.3	9:26	6.8	1:32	3.4	2:16	0.5	7:05	7:29	
25	Mon	7:43	7.1	10:45	6.7	2:19	4.3	3:04	0.3	7:03	7:31	
26	Tue	8:06	6.8			3:10	5.1	3:54	0.3	7:01	7:32	
27	Wed	12:06	6.8	8:32 AM	6.6	4:11	5.7	4:48	0.4	6:59	7:34	
28	Thu	1:21	6.9	9:04 AM	6.2	5:53	6.0	5:47	0.6	6:57	7:35	
29	Fri	2:21	7.0					6:50	0.8	6:55	7:37	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>30</b>	Sat	<b>3:08</b>	7.1	<b>11:21 AM</b>	5.6	<b>9:07</b>	5.5	<b>7:49</b>	0.9	6:53	7:38	
<b>31</b>	Sun	<b>3:47</b>	7.2	<b>1:12</b>	5.5	<b>9:42</b>	5.0	<b>8:40</b>	1.0	6:51	7:40	