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# Upright Head, Lopez Island, WA - May 2019

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 3:31 | 7.1 | 4:03 | 5.3 | 10:03 | 2.5 | 9:12 | 2.8 | 5:51 | 8:25 | |
| 2 | Thu | 3:48 | 7.0 | 5:01 | 5.8 | 10:26 | 1.7 | 9:57 | 3.3 | 5:49 | 8:27 | |
| 3 | Fri | 4:01 | 6.9 | 5:53 | 6.3 | 10:52 | 0.9 | 10:41 | 3.9 | 5:48 | 8:28 | |
| 4 | Sat | 4:15 | 6.9 | 6:42 | 6.8 | 11:20 | 0.2 | 11:25 | 4.4 | 5:46 | 8:30 | |
| 5 | Sun | 4:34 | 6.9 | 7:32 | 7.2 | 11:51 | -0.5 | | | 5:44 | 8:31 | |
| 6 | Mon | 4:56 | 6.9 | 8:24 | 7.5 | 12:10 | 5.0 | 12:26 | -1.0 | 5:43 | 8:33 | |
| 7 | Tue | 5:20 | 6.8 | 9:20 | 7.8 | 12:59 | 5.6 | 1:04 | -1.4 | 5:41 | 8:34 | |
| 8 | Wed | 5:46 | 6.8 | 10:19 | 7.9 | 1:55 | 6.0 | 1:46 | -1.5 | 5:40 | 8:35 | |
| 9 | Thu | 6:11 | 6.6 | 11:16 | 8.1 | 3:04 | 6.3 | 2:33 | -1.4 | 5:38 | 8:37 | |
| 10 | Fri | 6:36 | 6.3 | | | 4:36 | 6.3 | 3:24 | -1.1 | 5:37 | 8:38 | |
| 11 | Sat | 12:10 | 8.1 | | | | | 4:19 | -0.6 | 5:35 | 8:39 | |
| 12 | Sun | 12:56 | 8.1 | | | | | 5:18 | 0.2 | 5:34 | 8:41 | |
| 13 | Mon | 1:34 | 8.1 | 11:39 AM | 4.7 | 8:16 | 4.0 | 6:21 | 1.0 | 5:33 | 8:42 | |
| 14 | Tue | 2:06 | 8.0 | 2:02 | 4.9 | 8:49 | 2.9 | 7:27 | 2.0 | 5:31 | 8:44 | |
| 15 | Wed | 2:34 | 7.9 | 3:36 | 5.5 | 9:24 | 1.6 | 8:30 | 2.9 | 5:30 | 8:45 | |
| 16 | Thu | 3:00 | 7.8 | 4:51 | 6.2 | 10:01 | 0.4 | 9:30 | 3.8 | 5:29 | 8:46 | |
| 17 | Fri | 3:24 | 7.7 | 5:54 | 6.9 | 10:38 | -0.6 | 10:28 | 4.6 | 5:27 | 8:47 | |
| 18 | Sat | 3:48 | 7.6 | 6:50 | 7.5 | 11:15 | -1.3 | 11:24 | 5.3 | 5:26 | 8:49 | |
| 19 | Sun | 4:13 | 7.4 | 7:44 | 7.8 | 11:51 | -1.7 | | | 5:25 | 8:50 | |
| 20 | Mon | 4:38 | 7.2 | 8:36 | 8.0 | 12:19 | 5.8 | 12:28 | -1.8 | 5:24 | 8:51 | |
| 21 | Tue | 5:05 | 6.9 | 9:28 | 8.1 | 1:20 | 6.1 | 1:06 | -1.7 | 5:23 | 8:53 | |
| 22 | Wed | 5:29 | 6.6 | 10:19 | 8.1 | 2:36 | 6.3 | 1:44 | -1.3 | 5:22 | 8:54 | |
| 23 | Thu | | | 11:08 | 8.0 | | | 2:24 | -0.9 | 5:21 | 8:55 | |
| 24 | Fri | | | 11:53 | 7.9 | | | 3:05 | -0.3 | 5:20 | 8:56 | |
| 25 | Sat | | | | | | | 3:48 | 0.4 | 5:19 | 8:57 | |
| 26 | Sun | 12:33 | 7.7 | | | | | 4:32 | 1.1 | 5:18 | 8:58 | |
| 27 | Mon | 1:06 | 7.6 | | | | | 5:20 | 1.9 | 5:17 | 9:00 | |
| 28 | Tue | 1:32 | 7.5 | 1:35 | 4.0 | 8:45 | 3.2 | 6:14 | 2.6 | 5:16 | 9:01 | |
| 29 | Wed | 1:51 | 7.4 | 3:06 | 4.6 | 9:04 | 2.3 | 7:12 | 3.4 | 5:15 | 9:02 | |
| 30 | Thu | 2:05 | 7.3 | 4:16 | 5.3 | 9:25 | 1.4 | 8:11 | 4.1 | 5:14 | 9:03 | |
| 31 | Fri | 2:19 | 7.3 | 5:14 | 6.0 | 9:50 | 0.5 | 9:08 | 4.7 | 5:14 | 9:04 | |