







## Upright Head, Lopez Island, WA - Nov 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:17	8.2	6:27	6.8	1:57	-1.1	3:21	6.3	7:57	5:52	
2	Sat	11:19	8.1			2:43	-0.7			7:59	5:50	
3	Sun	11:17	8.1			2:30	-0.1			7:01	4:49	
4	Mon			12:06	8.0	3:20	0.5			7:02	4:47	
5	Tue			12:46	7.9	4:12	1.2			7:04	4:46	
6	Wed			1:19	7.8	5:09	1.8	8:12	4.0	7:05	4:44	
7	Thu	12:36	4.7	1:46	7.7	6:08	2.4	8:32	3.2	7:07	4:43	
8	Fri	1:57	5.1	2:08	7.6	7:02	2.9	8:54	2.5	7:08	4:41	
9	Sat	3:02	5.6	2:23	7.5	7:51	3.5	9:16	1.7	7:10	4:40	
10	Sun	3:59	6.1	2:35	7.4	8:36	4.0	9:40	1.0	7:12	4:38	
11	Mon	4:49	6.6	2:49	7.4	9:21	4.6	10:06	0.3	7:13	4:37	
12	Tue	5:36	7.1	3:08	7.3	10:05	5.1	10:35	-0.3	7:15	4:36	
13	Wed	6:23	7.5	3:29	7.3	10:49	5.7	11:07	-0.7	7:16	4:34	
14	Thu	7:12	7.9	3:52	7.3	11:37	6.1	11:42	-1.0	7:18	4:33	
15	Fri	8:05	8.1	4:16	7.2			12:31	6.5	7:19	4:32	
16	Sat	8:59	8.3	4:37	7.1	12:22	-1.1	1:39	6.8	7:21	4:31	
17	Sun	9:53	8.5			1:05	-1.0			7:22	4:30	
18	Mon	10:43	8.5			1:53	-0.7			7:24	4:29	
19	Tue	11:27	8.6			2:45	-0.2			7:25	4:28	
20	Wed			12:04	8.5	3:40	0.5	6:59	4.6	7:27	4:27	
21	Thu			12:35	8.5	4:41	1.5	7:26	3.4	7:28	4:26	
22	Fri	12:25	5.0	1:01	8.4	5:46	2.5	7:59	2.1	7:30	4:25	
23	Sat	2:09	5.7	1:26	8.3	6:53	3.5	8:34	0.8	7:31	4:24	
24	Sun	3:28	6.6	1:51	8.3	7:56	4.4	9:12	-0.4	7:33	4:23	
25	Mon	4:33	7.4	2:16	8.3	8:57	5.3	9:50	-1.2	7:34	4:22	
26	Tue	5:31	8.1	2:44	8.2	9:56	6.0	10:29	-1.8	7:35	4:21	
27	Wed	6:24	8.5	3:13	8.0	10:55	6.5	11:08	-1.9	7:37	4:21	
28	Thu	7:17	8.8	3:43	7.7	11:56	6.8	11:47	-1.8	7:38	4:20	
29	Fri	8:08	8.9	4:11	7.3			1:10	6.9	7:39	4:19	
30	Sat	8:59	8.8	4:36	6.9	12:27	-1.3	2:45	6.8	7:41	4:19	