

































## Upright Head, Lopez Island, WA - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:13	8.4			1:49	1.1			8:03	4:26	
2	Thu	10:36	8.2	8:57	4.4	2:25	2.1	6:05	4.1	8:03	4:27	
3	Fri	10:51	8.0			3:01	3.0	6:33	3.2	8:03	4:28	
4	Sat	12:34	4.6	11:02 AM	7.9	3:42	4.1	7:00	2.3	8:03	4:29	
5	Sun	2:12	5.3	11:18 AM	7.9	4:33	5.1	7:29	1.3	8:03	4:30	
6	Mon	3:25	6.2	11:42 AM	8.0	5:44	5.9	7:59	0.4	8:02	4:31	
7	Tue	4:17	7.0	12:11	8.1	7:04	6.6	8:33	-0.5	8:02	4:32	
8	Wed	4:59	7.8	12:45	8.1	8:19	7.1	9:09	-1.2	8:02	4:34	
9	Thu	5:37	8.4	1:23	8.2	9:26	7.3	9:47	-1.8	8:01	4:35	
10	Fri	6:15	8.9	2:05	8.2	10:26	7.5	10:27	-2.1	8:01	4:36	
11	Sat	6:53	9.2	2:53	8.1	11:21	7.4	11:07	-2.1	8:00	4:37	
12	Sun	7:29	9.3	3:46	7.8			12:18	7.1	8:00	4:39	
13	Mon	8:05	9.3	4:44	7.3			1:20	6.6	7:59	4:40	
14	Tue	8:37	9.2	5:48	6.6	12:32	-1.1	2:21	5.8	7:59	4:41	
15	Wed	9:07	9.0	7:08	5.8	1:15	-0.1	3:21	4.8	7:58	4:43	
16	Thu	9:34	8.8	9:03	5.1	1:59	1.2	4:20	3.6	7:57	4:44	
17	Fri	9:58	8.6	11:43	5.1	2:43	2.6	5:18	2.3	7:57	4:46	
18	Sat	10:24	8.6			3:29	4.1	6:14	1.2	7:56	4:47	
19	Sun	1:37	5.9	10:52 AM	8.5	4:23	5.4	7:04	0.1	7:55	4:49	
20	Mon	3:04	6.8	11:24 AM	8.4	5:37	6.5	7:51	-0.7	7:54	4:50	
21	Tue	4:07	7.6	12:02	8.3	7:16	7.1	8:36	-1.2	7:53	4:52	
22	Wed	4:54	8.1	12:43	8.2	8:48	7.3	9:18	-1.4	7:52	4:53	
23	Thu	5:33	8.5	1:27	8.0	9:58	7.3	9:57	-1.5	7:51	4:55	
24	Fri	6:09	8.7	2:13	7.7	10:52	7.1	10:34	-1.3	7:50	4:56	
25	Sat	6:43	8.7	3:01	7.4	11:40	6.8	11:08	-0.9	7:49	4:58	
26	Sun	7:15	8.6	3:48	7.1			12:26	6.4	7:48	4:59	
27	Mon	7:46	8.5	4:36	6.6			1:13	6.0	7:47	5:01	
28	Tue	8:14	8.3	5:24	6.2	12:13	0.2	1:59	5.5	7:45	5:02	
29	Wed	8:37	8.1	6:19	5.6	12:44	0.9	2:42	4.9	7:44	5:04	
30	Thu	8:53	7.8	7:29	5.1	1:16	1.8	3:24	4.2	7:43	5:06	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Fri	<b>9:02</b>	7.7	<b>9:17</b>	4.8	<b>1:49</b>	2.7	<b>4:07</b>	3.5	7:42	5:07	