






Upright Head, Lopez Island, WA - Mar 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:50	7.0	11:51	5.7	2:02	4.5	3:30	1.7	6:51	5:56	
2	Mon	8:14	7.0			2:46	5.3	4:22	1.2	6:49	5:57	
3	Tue	1:21	6.3	8:45 AM	7.0	3:43	6.0	5:20	0.6	6:47	5:59	
4	Wed	2:23	6.9	9:30 AM	7.0	5:12	6.5	6:20	0.1	6:45	6:00	
5	Thu	3:09	7.4	10:38 AM	7.0	7:06	6.6	7:16	-0.5	6:43	6:02	
6	Fri	3:46	7.8	11:56 AM	7.0	8:20	6.4	8:09	-0.8	6:41	6:03	
7	Sat	4:18	8.0	1:12	7.1	9:08	5.9	8:58	-1.0	6:39	6:05	
8	Sun	5:47	8.1	3:26	7.2	10:51	5.2	10:46	-0.8	7:37	7:07	
9	Mon	6:14	8.1	4:40	7.2	11:33	4.3	11:32	-0.2	7:35	7:08	
10	Tue	6:38	8.1	5:51	7.2			12:16	3.3	7:33	7:10	
11	Wed	7:01	7.9	7:02	7.0	12:16	0.7	1:02	2.3	7:31	7:11	
12	Thu	7:23	7.8	8:18	6.8	1:01	1.8	1:51	1.3	7:29	7:13	
13	Fri	7:46	7.7	9:44	6.7	1:46	3.1	2:42	0.6	7:26	7:14	
14	Sat	8:10	7.5	11:18	6.7	2:34	4.3	3:36	0.1	7:24	7:16	
15	Sun	8:37	7.3			3:25	5.3	4:33	-0.1	7:22	7:17	
16	Mon	12:51	6.8	9:08 AM	7.1	4:27	6.0	5:35	-0.1	7:20	7:19	
17	Tue	2:08	7.1	9:48 AM	6.8	6:20	6.4	6:42	0.0	7:18	7:20	
18	Wed	3:09	7.4	10:49 AM	6.4	8:30	6.2	7:46	0.1	7:16	7:22	
19	Thu	3:56	7.5	12:23	6.1	9:32	5.8	8:41	0.2	7:14	7:23	
20	Fri	4:34	7.5	1:57	6.0	10:12	5.3	9:29	0.4	7:12	7:25	
21	Sat	5:05	7.5	3:11	6.0	10:44	4.8	10:10	0.7	7:10	7:26	
22	Sun	5:33	7.4	4:13	6.1	11:12	4.2	10:46	1.1	7:08	7:28	
23	Mon	5:56	7.3	5:07	6.2	11:38	3.6	11:19	1.5	7:06	7:29	
24	Tue	6:15	7.1	5:57	6.3			12:04	3.0	7:04	7:31	
25	Wed	6:28	7.0	6:44	6.3			12:31	2.4	7:01	7:32	
26	Thu	6:36	6.8	7:34	6.3	12:24	2.7	1:00	1.9	6:59	7:34	
27	Fri	6:44	6.7	8:30	6.3	12:57	3.4	1:32	1.4	6:57	7:35	
28	Sat	6:57	6.6	9:37	6.3	1:34	4.1	2:08	1.0	6:55	7:37	
29	Sun	7:14	6.6	10:57	6.4	2:14	4.8	2:48	0.7	6:53	7:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Mon	7:32	6.5			3:01	5.4	3:33	0.4	6:51	7:39	
31	Tue	12:24	6.6	7:50 AM	6.5	3:58	6.0	4:25	0.2	6:49	7:41	