



































Upright Head, Lopez Island, WA - Mar 2022

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 5:01 | 8.4 | 2:18 | 7.2 | 10:10 | 5.8 | 9:53 | -1.0 | 6:52 | 5:55 |  |
| 2 | Wed | 5:30 | 8.3 | 3:33 | 7.0 | 10:51 | 5.0 | 10:36 | -0.3 | 6:50 | 5:56 |  |
| 3 | Thu | 5:56 | 8.2 | 4:42 | 6.8 | 11:31 | 4.1 | 11:15 | 0.6 | 6:48 | 5:58 |  |
| 4 | Fri | 6:19 | 7.9 | 5:46 | 6.5 | | | 12:12 | 3.3 | 6:46 | 6:00 |  |
| 5 | Sat | 6:39 | 7.7 | 6:51 | 6.2 | | | 12:52 | 2.5 | 6:44 | 6:01 |  |
| 6 | Sun | 6:53 | 7.4 | 8:05 | 6.0 | 12:27 | 2.7 | 1:33 | 1.9 | 6:42 | 6:03 |  |
| 7 | Mon | 7:03 | 7.2 | 9:30 | 5.9 | 1:02 | 3.8 | 2:15 | 1.5 | 6:40 | 6:04 |  |
| 8 | Tue | 7:15 | 7.1 | 11:06 | 6.0 | 1:38 | 4.7 | 2:58 | 1.2 | 6:38 | 6:06 |  |
| 9 | Wed | 7:31 | 6.9 | | | 2:17 | 5.5 | 3:46 | 1.0 | 6:36 | 6:07 |  |
| 10 | Thu | 12:39 | 6.3 | 7:50 AM | 6.8 | 3:03 | 6.1 | 4:41 | 0.9 | 6:34 | 6:09 |  |
| 11 | Fri | 1:52 | 6.7 | 8:13 AM | 6.7 | 4:16 | 6.5 | 5:43 | 0.7 | 6:32 | 6:10 |  |
| 12 | Sat | 2:44 | 7.0 | | | | | 6:42 | 0.5 | 6:30 | 6:12 |  |
| 13 | Sun | 4:22 | 7.3 | | | | | 8:33 | 0.3 | 7:27 | 7:13 |  |
| 14 | Mon | 4:53 | 7.5 | 1:03 | 6.3 | 10:13 | 5.9 | 9:18 | 0.2 | 7:25 | 7:15 |  |
| 15 | Tue | 5:20 | 7.6 | 2:19 | 6.3 | 10:36 | 5.5 | 9:58 | 0.2 | 7:23 | 7:16 |  |
| 16 | Wed | 5:42 | 7.6 | 3:27 | 6.4 | 11:01 | 4.9 | 10:36 | 0.4 | 7:21 | 7:18 |  |
| 17 | Thu | 6:01 | 7.5 | 4:32 | 6.4 | 11:28 | 4.1 | 11:13 | 0.8 | 7:19 | 7:19 |  |
| 18 | Fri | 6:16 | 7.5 | 5:34 | 6.5 | 11:59 | 3.2 | 11:49 | 1.5 | 7:17 | 7:21 |  |
| 19 | Sat | 6:27 | 7.4 | 6:36 | 6.6 | | | 12:32 | 2.3 | 7:15 | 7:22 |  |
| 20 | Sun | 6:38 | 7.3 | 7:41 | 6.6 | 12:27 | 2.4 | 1:10 | 1.4 | 7:13 | 7:24 |  |
| 21 | Mon | 6:53 | 7.3 | 8:58 | 6.7 | 1:07 | 3.4 | 1:51 | 0.5 | 7:11 | 7:25 |  |
| 22 | Tue | 7:11 | 7.3 | 10:28 | 6.8 | 1:50 | 4.5 | 2:38 | -0.1 | 7:09 | 7:27 |  |
| 23 | Wed | 7:34 | 7.3 | | | 2:38 | 5.5 | 3:30 | -0.6 | 7:07 | 7:28 |  |
| 24 | Thu | 12:06 | 7.0 | 7:59 AM | 7.3 | 3:35 | 6.3 | 4:28 | -0.8 | 7:05 | 7:30 |  |
| 25 | Fri | 1:31 | 7.4 | 8:30 AM | 7.2 | 4:53 | 6.8 | 5:33 | -0.8 | 7:02 | 7:31 |  |
| 26 | Sat | 2:35 | 7.7 | | | | | 6:43 | -0.7 | 7:00 | 7:33 |  |
| 27 | Sun | 3:23 | 7.9 | 11:07 AM | 6.4 | 9:06 | 6.3 | 7:51 | -0.5 | 6:58 | 7:34 |  |
| 28 | Mon | 4:02 | 7.9 | 1:07 | 6.1 | 9:44 | 5.5 | 8:51 | -0.2 | 6:56 | 7:36 |  |
| 29 | Tue | 4:34 | 7.9 | 2:49 | 6.1 | 10:19 | 4.6 | 9:43 | 0.3 | 6:54 | 7:37 |  |
| 30 | Wed | 5:03 | 7.8 | 4:11 | 6.3 | 10:54 | 3.6 | 10:30 | 1.0 | 6:52 | 7:39 |  |

| Date | | High | | | | Low | | | |  | |  |
|------|-----|------|-----|------|-----|-------|-----|-------|-----|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Thu | 5:27 | 7.6 | 5:21 | 6.4 | 11:27 | 2.6 | 11:12 | 1.8 | 6:50 | 7:40 |  |