








Upright Head, Lopez Island, WA - May 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:05	7.2	3:02	4.9	9:42	3.1	8:21	2.5	5:51	8:25	
2	Tue	3:19	7.1	4:15	5.4	10:00	2.1	9:09	3.2	5:49	8:27	
3	Wed	3:27	7.0	5:17	6.0	10:22	1.1	9:56	3.9	5:48	8:28	
4	Thu	3:37	7.0	6:12	6.7	10:49	0.2	10:43	4.6	5:46	8:30	
5	Fri	3:52	7.0	7:05	7.2	11:19	-0.7	11:31	5.3	5:44	8:31	
6	Sat	4:11	7.1	7:59	7.7	11:53	-1.5			5:43	8:33	
7	Sun	4:33	7.2	8:57	8.1	12:20	6.0	12:31	-2.0	5:41	8:34	
8	Mon	4:55	7.2	9:58	8.3	1:15	6.6	1:13	-2.3	5:40	8:35	
9	Tue	5:16	7.2	10:58	8.4	2:24	6.9	2:00	-2.3	5:38	8:37	
10	Wed			11:53	8.4			2:51	-2.0	5:37	8:38	
11	Thu							3:45	-1.4	5:35	8:40	
12	Fri	12:40	8.4					4:41	-0.5	5:34	8:41	
13	Sat	1:17	8.3					5:41	0.5	5:33	8:42	
14	Sun	1:47	8.1	12:58	4.5	8:37	3.5	6:43	1.7	5:31	8:44	
15	Mon	2:12	7.9	2:57	5.0	9:06	2.1	7:46	2.8	5:30	8:45	
16	Tue	2:33	7.8	4:22	5.8	9:39	0.8	8:46	3.9	5:29	8:46	
17	Wed	2:51	7.7	5:32	6.6	10:13	-0.4	9:45	4.9	5:27	8:48	
18	Thu	3:08	7.6	6:30	7.3	10:47	-1.3	10:42	5.7	5:26	8:49	
19	Fri	3:26	7.5	7:23	7.7	11:21	-1.9	11:39	6.3	5:25	8:50	
20	Sat	3:47	7.4	8:14	8.0	11:56	-2.1			5:24	8:51	
21	Sun	4:09	7.2	9:05	8.2	12:37	6.6	12:31	-2.1	5:23	8:53	
22	Mon	4:29	7.0	9:54	8.2	1:48	6.8	1:07	-1.8	5:22	8:54	
23	Tue			10:43	8.1			1:46	-1.4	5:21	8:55	
24	Wed			11:29	8.0			2:26	-0.9	5:20	8:56	
25	Thu							3:07	-0.4	5:19	8:57	
26	Fri	12:09	7.9					3:49	0.3	5:18	8:58	
27	Sat	12:42	7.8					4:31	1.1	5:17	9:00	
28	Sun	1:07	7.6					5:17	2.0	5:16	9:01	
29	Mon	1:23	7.5	1:49	4.0	8:42	3.0	6:09	2.9	5:15	9:02	
30	Tue	1:32	7.4	3:26	4.7	8:56	1.9	7:07	3.9	5:14	9:03	
31	Wed	1:41	7.4	4:39	5.6	9:17	0.8	8:09	4.8	5:14	9:04	