








Upright Head, Lopez Island, WA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:36	8.5			1:12	0.5			8:03	4:26	
2	Tue	9:54	8.2	7:24	4.8	1:42	1.5	5:12	4.6	8:03	4:27	
3	Wed	10:06	8.1	10:12	4.3	2:18	2.5	5:42	3.7	8:03	4:28	
4	Thu	10:12	8.0			2:48	3.6	6:12	2.6	8:03	4:29	
5	Fri	1:24	4.9	10:18 AM	8.0	3:18	4.8	6:42	1.6	8:03	4:30	
6	Sat	10:42	8.1					7:12	0.6	8:02	4:31	
7	Sun	11:06	8.2					7:48	-0.4	8:02	4:32	
8	Mon	4:48	7.7	11:42 AM	8.3	7:12	7.5	8:30	-1.3	8:02	4:34	
9	Tue	5:24	8.5	12:18	8.4	8:36	7.9	9:12	-2.0	8:01	4:35	
10	Wed	6:00	9.0	1:06	8.5	9:48	8.0	9:54	-2.5	8:01	4:36	
11	Thu	6:30	9.3	2:00	8.4	10:48	8.0	10:36	-2.6	8:00	4:37	
12	Fri	7:06	9.5	3:00	8.1	11:42	7.6	11:18	-2.4	8:00	4:39	
13	Sat	7:42	9.5	4:00	7.7			12:42	7.0	7:59	4:40	
14	Sun	8:12	9.3	5:12	7.0	12:00	-1.7	1:42	6.1	7:59	4:41	
15	Mon	8:36	9.1	6:30	6.1	12:42	-0.6	2:42	5.0	7:58	4:43	
16	Tue	9:00	8.9	8:12	5.3	1:24	0.8	3:36	3.7	7:57	4:44	
17	Wed	9:18	8.7	10:48	5.1	2:06	2.4	4:30	2.4	7:56	4:46	
18	Thu	9:36	8.6			2:42	4.0	5:30	1.2	7:56	4:47	
19	Fri	1:00	5.7	10:00 AM	8.6	3:24	5.4	6:24	0.2	7:55	4:49	
20	Sat	10:24	8.5					7:12	-0.6	7:54	4:50	
21	Sun	10:54	8.4					8:00	-1.1	7:53	4:52	
22	Mon	4:54	8.1	11:36 AM	8.3	8:06	7.8	8:48	-1.4	7:52	4:53	
23	Tue	5:24	8.5	12:24	8.1	9:36	7.8	9:24	-1.5	7:51	4:55	
24	Wed	5:54	8.6	1:12	7.9	10:30	7.5	10:06	-1.4	7:50	4:56	
25	Thu	6:24	8.7	2:06	7.6	11:18	7.2	10:36	-1.1	7:49	4:58	
26	Fri	6:54	8.6	3:00	7.3			12:00	6.8	7:48	4:59	
27	Sat	7:18	8.5	3:48	6.9			12:36	6.4	7:47	5:01	
28	Sun	7:42	8.4	4:42	6.4			1:18	5.8	7:45	5:02	
29	Mon	8:06	8.2	5:36	5.9	12:12	0.6	1:54	5.1	7:44	5:04	
30	Tue	8:18	7.9	6:42	5.4	12:42	1.4	2:36	4.4	7:43	5:06	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	8:18	7.8	8:00	5.0	1:06	2.4	3:12	3.6	7:42	5:07	