








## Upright Head, Lopez Island, WA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:24	4.4	11:08	7.9	5:40	4.1	3:12	1.5	5:13	9:17	
2	Wed	11:11	3.9	11:23	7.7	6:26	3.1	3:44	2.7	5:14	9:16	
3	Thu			1:38	4.2	7:05	2.1	4:14	3.9	5:15	9:16	
4	Fri			11:41	7.5	7:40	1.2			5:16	9:16	
5	Sat			11:59	7.5	8:14	0.4			5:16	9:15	
6	Sun					8:47	-0.3			5:17	9:15	
7	Mon	12:26	7.5	6:13	7.3	9:22	-0.9	8:57	7.0	5:18	9:14	
8	Tue	12:58	7.5	6:45	7.7	9:57	-1.4	10:24	7.2	5:19	9:14	
9	Wed	1:34	7.5	7:17	8.1	10:32	-1.8	11:30	7.2	5:20	9:13	
10	Thu	2:13	7.4	7:49	8.3	11:08	-2.0			5:21	9:12	
11	Fri	2:55	7.3	8:20	8.5	12:24	7.1	11:43 AM	-2.1	5:22	9:12	
12	Sat	3:44	7.0	8:48	8.5	1:15	6.9	12:19	-1.9	5:23	9:11	
13	Sun	4:42	6.6	9:12	8.4	2:07	6.4	12:54	-1.5	5:24	9:10	
14	Mon	5:46	6.1	9:31	8.3	2:54	5.7	1:31	-0.7	5:25	9:09	
15	Tue	6:59	5.4	9:45	8.1	3:37	4.8	2:08	0.4	5:26	9:09	
16	Wed	8:29	4.7	9:58	8.0	4:20	3.6	2:47	1.7	5:27	9:08	
17	Thu	10:44	4.4	10:14	8.1	5:06	2.3	3:26	3.1	5:28	9:07	
18	Fri			1:28	4.9	5:56	1.0	4:07	4.6	5:29	9:06	
19	Sat			11:05	8.2	6:49	-0.3			5:30	9:05	
20	Sun			11:42	8.3	7:43	-1.3			5:31	9:04	
21	Mon			5:33	7.8	8:35	-2.2	8:09	7.5	5:32	9:03	
22	Tue	12:28	8.3	6:12	8.3	9:26	-2.7	9:52	7.6	5:34	9:02	
23	Wed	1:22	8.1	6:47	8.5	10:15	-2.9	11:08	7.3	5:35	9:00	
24	Thu	2:20	7.9	7:21	8.6	11:01	-2.8			5:36	8:59	
25	Fri	3:21	7.5	7:53	8.5	12:05	6.8	11:43 AM	-2.3	5:37	8:58	
26	Sat	4:23	7.0	8:22	8.3	12:58	6.2	12:22	-1.6	5:39	8:57	
27	Sun	5:25	6.4	8:49	8.1	1:51	5.5	12:58	-0.7	5:40	8:55	
28	Mon	6:27	5.7	9:12	7.8	2:41	4.7	1:31	0.4	5:41	8:54	
29	Tue	7:35	5.1	9:29	7.6	3:28	3.9	2:03	1.5	5:42	8:53	
30	Wed	9:06	4.6	9:39	7.4	4:12	3.1	2:33	2.6	5:44	8:51	
31	Thu	11:20	4.5	9:46	7.2	4:54	2.4	3:03	3.7	5:45	8:50	