US HARBORS www.USHarbors.com

Upright Head, Lopez Island, WA - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:30	8.2	1:42	7.0	9:43	5.8	9:20	-0.6	6:52	5:55	
2	Mon	4:57	8.2	3:02	6.8	10:22	4.9	10:02	0.0	6:50	5:57	
3	Tue	5:21	8.0	4:14	6.7	10:59	4.0	10:41	0.9	6:48	5:58	
4	Wed	5:42	7.9	5:17	6.5	11:36	3.1	11:16	1.8	6:46	6:00	
5	Thu	5:59	7.7	6:18	6.4			12:11	2.4	6:44	6:01	
6	Fri	6:11	7.5	7:22	6.2			12:48	1.8	6:42	6:03	
7	Sat	6:20	7.3	8:34	6.1	12:22	3.8	1:25	1.3	6:40	6:04	
8	Sun	7:31	7.2	10:57	6.1	12:55	4.6	3:05	1.0	7:38	7:06	
9	Mon	7:46	7.1			2:30	5.4	3:49	0.9	7:36	7:07	
10	Tue	12:34	6.2	8:03 AM	7.0	3:08	6.0	4:38	0.8	7:34	7:09	
11	Wed	2:03	6.5	8:20 AM	6.9	3:56	6.4	5:36	0.7	7:31	7:10	
12	Thu	3:06	6.9	7:49 AM	6.8	5:20	6.7	6:39	0.6	7:29	7:12	
13	Fri	3:47	7.1					7:38	0.4	7:27	7:13	
14	Sat	4:18	7.3					8:29	0.3	7:25	7:15	
15	Sun	4:43	7.4	1:20	6.2	10:03	5.7	9:13	0.3	7:23	7:16	
16	Mon	5:05	7.5	2:40	6.3	10:25	5.0	9:55	0.5	7:21	7:18	
17	Tue	5:22	7.5	3:55	6.4	10:52	4.1	10:34	1.0	7:19	7:19	
18	Wed	5:36	7.4	5:04	6.6	11:22	3.1	11:14	1.7	7:17	7:21	
19	Thu	5:47	7.4	6:09	6.8	11:55	2.0	11:53	2.6	7:15	7:22	
20	Fri	5:58	7.4	7:15	6.9			12:32	0.9	7:13	7:24	
21	Sat	6:14	7.4	8:27	7.0	12:34	3.6	1:13	0.0	7:11	7:25	
22	Sun	6:33	7.5	9:48	7.1	1:16	4.6	1:59	-0.6	7:09	7:27	
23	Mon	6:56	7.6	11:17	7.2	2:03	5.6	2:50	-1.0	7:07	7:28	
24	Tue	7:22	7.5			2:56	6.4	3:46	-1.1	7:04	7:30	
25	Wed	12:46	7.5	7:51 AM	7.4	4:04	6.9	4:48	-1.0	7:02	7:31	
26	Thu	1:55	7.7					5:57	-0.7	7:00	7:33	
27	Fri	2:46	7.8					7:07	-0.3	6:58	7:34	
28	Sat	3:25	7.8	12:11	5.9	9:17	5.6	8:11	0.1	6:56	7:36	
29	Sun	3:58	7.7	2:14	5.8	9:52	4.6	9:05	0.7	6:54	7:37	
30	Mon	4:25	7.6	3:42	6.0	10:25	3.6	9:53	1.4	6:52	7:39	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	**4:49**	7.5	**4:54**	6.2	**10:58**	2.6	**10:36**	2.2	6:50	7:40	