US HARBORS www.USHarbors.com

Upright Head, Lopez Island, WA - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:46	7.8	1:22	6.8	9:02	5.5	8:48	0.0	6:52	5:55	
2	Sat	4:18	7.9	2:39	6.7	9:46	4.7	9:32	0.4	6:50	5:57	
3	Sun	4:46	7.8	3:47	6.7	10:25	3.9	10:11	1.0	6:48	5:58	
4	Mon	5:11	7.7	4:45	6.6	11:01	3.2	10:47	1.7	6:46	6:00	
5	Tue	5:33	7.6	5:39	6.5	11:35	2.6	11:21	2.5	6:44	6:01	
6	Wed	5:50	7.4	6:33	6.4			12:10	2.1	6:42	6:03	
7	Thu	6:03	7.2	7:31	6.2			12:45	1.7	6:40	6:04	
8	Fri	6:16	7.1	8:37	6.1	12:27	3.9	1:23	1.4	6:38	6:06	
9	Sat	6:33	7.0	9:55	6.0	1:02	4.6	2:04	1.2	6:36	6:07	
10	Sun	7:55	6.9			1:41	5.2	3:49	1.1	7:33	7:09	
11	Mon	12:22	6.1	8:22 AM	6.8	3:25	5.7	4:40	1.0	7:31	7:10	
12	Tue	1:39	6.4	8:55 AM	6.7	4:21	6.0	5:36	1.0	7:29	7:12	
13	Wed	2:36	6.6	9:46 AM	6.5	5:48	6.2	6:37	0.9	7:27	7:13	
14	Thu	3:17	6.9	11:04 AM	6.3	8:07	6.0	7:34	0.8	7:25	7:15	
15	Fri	3:50	7.1	12:35	6.1	8:58	5.5	8:26	0.7	7:23	7:16	
16	Sat	4:17	7.2	2:00	6.2	9:33	4.9	9:12	0.8	7:21	7:18	
17	Sun	4:39	7.3	3:16	6.4	10:07	4.1	9:57	1.1	7:19	7:20	
18	Mon	4:59	7.3	4:27	6.6	10:42	3.1	10:40	1.6	7:17	7:21	
19	Tue	5:16	7.3	5:33	6.9	11:19	2.1	11:23	2.3	7:15	7:23	
20	Wed	5:34	7.4	6:36	7.1	11:59	1.1			7:13	7:24	
21	Thu	5:55	7.5	7:41	7.2	12:06	3.1	12:41	0.2	7:11	7:25	
22	Fri	6:20	7.5	8:51	7.3	12:51	4.0	1:27	-0.4	7:09	7:27	
23	Sat	6:48	7.5	10:08	7.2	1:38	4.8	2:17	-0.8	7:06	7:28	
24	Sun	7:21	7.4	11:28	7.3	2:30	5.5	3:12	-0.9	7:04	7:30	
25	Mon	7:59	7.2			3:32	6.0	4:10	-0.7	7:02	7:31	
26	Tue	12:43	7.3	8:47 AM	6.8	4:53	6.2	5:13	-0.3	7:00	7:33	
27	Wed	1:44	7.4	9:58 AM	6.3	6:59	5.9	6:21	0.1	6:58	7:34	
28	Thu	2:32	7.5	11:46 AM	5.8	8:19	5.3	7:29	0.6	6:56	7:36	
29	Fri	3:11	7.5	1:48	5.7	9:09	4.4	8:28	1.1	6:54	7:37	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Sat	**3:45**	7.4	**3:13**	5.9	**9:50**	3.5	**9:20**	1.7	6:52	7:39	
31	Sun	**4:15**	7.3	**4:22**	6.1	**10:26**	2.7	**10:05**	2.3	6:50	7:40	