






## Upright Head, Lopez Island, WA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:07	8.7	2:40	8.0	10:32	6.8	10:36	-1.7	8:03	4:27	☀
2	Sun	6:42	9.0	3:31	7.8	11:27	6.5	11:16	-1.5	8:03	4:28	☀
3	Mon	7:17	9.1	4:26	7.4			12:23	6.1	8:03	4:29	☀
4	Tue	7:51	9.1	5:26	6.8			1:24	5.5	8:03	4:30	☀
5	Wed	8:24	9.0	6:33	6.1	12:40	-0.2	2:26	4.7	8:02	4:31	☀
6	Thu	8:55	8.9	8:02	5.4	1:24	0.9	3:27	3.8	8:02	4:32	☀
7	Fri	9:25	8.8	10:16	5.1	2:09	2.1	4:29	2.8	8:02	4:33	☀
8	Sat	9:57	8.7			2:55	3.4	5:30	1.7	8:01	4:35	☀
9	Sun	12:25	5.4	10:30 AM	8.6	3:45	4.6	6:28	0.8	8:01	4:36	☀
10	Mon	1:57	6.1	11:08 AM	8.5	4:48	5.7	7:19	0.0	8:00	4:37	☀
11	Tue	3:10	6.9	11:49 AM	8.4	6:13	6.4	8:06	-0.5	8:00	4:38	☀
12	Wed	4:05	7.5	12:32	8.2	7:46	6.7	8:49	-0.9	7:59	4:40	☀
13	Thu	4:49	8.0	1:17	8.0	9:04	6.8	9:29	-1.0	7:59	4:41	☀
14	Fri	5:27	8.3	2:02	7.8	10:05	6.6	10:06	-0.9	7:58	4:43	☀
15	Sat	6:01	8.5	2:48	7.5	10:55	6.4	10:40	-0.7	7:57	4:44	☀
16	Sun	6:34	8.5	3:34	7.1	11:42	6.1	11:12	-0.3	7:57	4:45	☀
17	Mon	7:06	8.5	4:19	6.8			12:27	5.7	7:56	4:47	☀
18	Tue	7:35	8.4	5:05	6.3			1:12	5.3	7:55	4:48	☀
19	Wed	8:01	8.2	5:53	5.9	12:14	0.8	1:57	4.9	7:54	4:50	☀
20	Thu	8:22	8.0	6:49	5.4	12:46	1.6	2:42	4.3	7:53	4:51	☀
21	Fri	8:38	7.9	8:03	5.0	1:19	2.4	3:27	3.8	7:52	4:53	☀
22	Sat	8:53	7.8	10:22	4.8	1:52	3.2	4:14	3.1	7:51	4:54	☀
23	Sun	9:13	7.8			2:29	4.1	5:04	2.4	7:50	4:56	☀
24	Mon	12:43	5.2	9:41 AM	7.8	3:10	4.9	5:53	1.7	7:49	4:57	☀
25	Tue	2:07	5.8	10:17 AM	7.8	4:06	5.7	6:41	0.9	7:48	4:59	☀
26	Wed	3:06	6.5	11:01 AM	7.8	5:28	6.3	7:25	0.2	7:47	5:01	☀
27	Thu	3:49	7.2	11:51 AM	7.9	6:58	6.6	8:09	-0.5	7:46	5:02	☀
28	Fri	4:25	7.7	12:46	7.9	8:15	6.6	8:52	-1.0	7:44	5:04	☀
29	Sat	4:58	8.2	1:43	7.9	9:18	6.4	9:35	-1.2	7:43	5:05	☀

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>30</b>	Sun	<b>5:30</b>	8.5	<b>2:43</b>	7.8	<b>10:12</b>	6.0	<b>10:17</b>	-1.2	7:42	5:07	
<b>31</b>	Mon	<b>6:00</b>	8.7	<b>3:45</b>	7.6	<b>11:03</b>	5.4	<b>11:00</b>	-0.8	7:40	5:09	