




Upright Head, Lopez Island, WA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:05	8.0	4:13	7.3	10:38	3.4	10:43	0.5	6:51	5:55	☀
2	Wed	5:33	8.0	5:19	7.3	11:25	2.5	11:27	1.4	6:49	5:57	☀
3	Thu	6:00	8.0	6:27	7.1			12:13	1.7	6:47	5:59	☀
4	Fri	6:28	7.9	7:41	6.8	12:12	2.3	1:05	1.1	6:45	6:00	☀
5	Sat	6:57	7.8	9:03	6.6	12:58	3.4	1:59	0.7	6:43	6:02	☀
6	Sun	7:30	7.6	10:31	6.5	1:47	4.3	2:55	0.5	6:41	6:03	☀
7	Mon	8:06	7.3	11:57	6.6	2:41	5.1	3:55	0.4	6:39	6:05	☀
8	Tue	8:49	7.0			3:45	5.6	5:00	0.5	6:37	6:06	☀
9	Wed	1:07	6.8	9:46 AM	6.7	5:28	5.9	6:07	0.6	6:35	6:08	☀
10	Thu	2:03	7.0	11:06 AM	6.4	7:13	5.7	7:07	0.7	6:33	6:09	☀
11	Fri	2:49	7.2	12:34	6.2	8:15	5.3	7:57	0.8	6:31	6:11	☀
12	Sat	3:26	7.2	1:45	6.2	8:59	4.8	8:41	1.0	6:29	6:12	☀
13	Sun	4:59	7.3	3:45	6.3	10:35	4.2	10:19	1.3	7:27	7:14	☀
14	Mon	5:26	7.2	4:39	6.3	11:06	3.7	10:54	1.6	7:25	7:15	☀
15	Tue	5:50	7.2	5:27	6.4	11:35	3.2	11:26	2.0	7:23	7:17	☀
16	Wed	6:10	7.1	6:12	6.4			12:04	2.7	7:21	7:18	☀
17	Thu	6:24	6.9	6:56	6.4			12:33	2.2	7:18	7:20	☀
18	Fri	6:36	6.9	7:43	6.4	12:31	3.0	1:06	1.8	7:16	7:21	☀
19	Sat	6:51	6.8	8:36	6.3	1:05	3.5	1:41	1.5	7:14	7:23	☀
20	Sun	7:10	6.7	9:39	6.2	1:42	4.1	2:20	1.2	7:12	7:24	☀
21	Mon	7:34	6.7	10:56	6.2	2:23	4.7	3:03	1.0	7:10	7:26	☀
22	Tue	8:03	6.6			3:10	5.1	3:50	0.8	7:08	7:27	☀
23	Wed	12:17	6.4	8:40 AM	6.5	4:07	5.5	4:43	0.7	7:06	7:29	☀
24	Thu	1:24	6.7	9:34 AM	6.3	5:19	5.7	5:43	0.6	7:04	7:30	☀
25	Fri	2:14	6.9	10:51 AM	6.1	6:53	5.5	6:47	0.5	7:02	7:32	☀
26	Sat	2:54	7.2	12:24	6.1	8:09	5.0	7:50	0.6	7:00	7:33	☀
27	Sun	3:29	7.3	1:57	6.2	9:01	4.2	8:48	0.7	6:58	7:35	☀
28	Mon	4:01	7.5	3:20	6.5	9:46	3.2	9:43	1.1	6:55	7:36	☀
29	Tue	4:31	7.5	4:36	6.9	10:30	2.2	10:34	1.6	6:53	7:38	☀
30	Wed	5:00	7.6	5:44	7.2	11:14	1.2	11:24	2.3	6:51	7:39	☀

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	5:28	7.6	6:48	7.5	11:59	0.3			6:49	7:41	