
































Upright Head, Lopez Island, WA - Jun 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:08	6.1	10:17	8.2	3:17	5.7	2:01	-0.9	5:13	9:05	
2	Thu	6:50	5.5	10:58	8.0	4:29	5.2	2:41	-0.1	5:12	9:06	
3	Fri	7:43	4.8	11:35	7.8	5:39	4.7	3:20	0.8	5:12	9:07	
4	Sat	9:08	4.2			6:40	4.0	4:00	1.7	5:11	9:08	
5	Sun	12:07	7.6	12:08	3.9	7:25	3.2	4:42	2.6	5:11	9:09	
6	Mon	12:33	7.5	2:02	4.2	8:00	2.4	5:30	3.5	5:10	9:10	
7	Tue	12:54	7.3	3:20	4.8	8:31	1.6	6:29	4.3	5:10	9:10	
8	Wed	1:11	7.3	4:24	5.5	9:00	0.8	7:35	4.9	5:09	9:11	
9	Thu	1:32	7.3	5:15	6.2	9:29	0.1	8:40	5.4	5:09	9:12	
10	Fri	1:58	7.3	5:59	6.8	9:59	-0.5	9:42	5.8	5:09	9:13	
11	Sat	2:28	7.3	6:39	7.3	10:31	-1.1	10:40	6.0	5:09	9:13	
12	Sun	3:01	7.2	7:18	7.8	11:04	-1.5	11:35	6.2	5:08	9:14	
13	Mon	3:37	7.1	7:56	8.1	11:39	-1.7			5:08	9:14	
14	Tue	4:16	7.0	8:34	8.3	12:29	6.2	12:16	-1.8	5:08	9:15	
15	Wed	4:59	6.7	9:10	8.4	1:27	6.1	12:54	-1.6	5:08	9:15	
16	Thu	5:48	6.3	9:45	8.4	2:31	5.8	1:35	-1.2	5:08	9:16	
17	Fri	6:44	5.8	10:17	8.3	3:34	5.2	2:17	-0.5	5:08	9:16	
18	Sat	7:56	5.1	10:47	8.2	4:34	4.5	3:02	0.4	5:08	9:16	
19	Sun	9:34	4.5	11:16	8.2	5:32	3.5	3:49	1.5	5:09	9:17	
20	Mon			12:05	4.3	6:28	2.3	4:40	2.8	5:09	9:17	
21	Tue			2:07	4.9	7:20	1.1	5:38	4.0	5:09	9:17	
22	Wed	12:19	8.1	3:32	5.8	8:08	0.0	6:49	5.0	5:09	9:17	
23	Thu	12:54	8.1	4:41	6.6	8:53	-1.0	8:08	5.7	5:10	9:17	
24	Fri	1:32	8.1	5:36	7.3	9:38	-1.7	9:25	6.1	5:10	9:17	
25	Sat	2:12	7.9	6:22	7.8	10:21	-2.1	10:38	6.3	5:10	9:18	
26	Sun	2:54	7.7	7:05	8.2	11:02	-2.2	11:42	6.3	5:11	9:17	
27	Mon	3:39	7.4	7:45	8.3	11:42	-2.1			5:11	9:17	
28	Tue	4:24	7.0	8:24	8.3	12:43	6.1	12:19	-1.7	5:12	9:17	
29	Wed	5:10	6.5	9:01	8.3	1:44	5.8	12:56	-1.1	5:12	9:17	
30	Thu	5:56	6.0	9:36	8.1	2:46	5.4	1:31	-0.4	5:13	9:17	