
































## Upright Head, Lopez Island, WA - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			1:19	7.8	5:21	1.4	7:53	3.9	7:58	5:51	
2	Wed	12:12	5.0	1:47	7.8	6:25	2.0	8:28	2.8	8:00	5:49	
3	Thu	2:12	5.5	2:15	7.9	7:31	2.7	9:06	1.6	8:01	5:48	
4	Fri	3:36	6.2	2:44	8.0	8:35	3.4	9:45	0.4	8:03	5:46	
5	Sat	4:46	7.0	3:15	8.0	9:35	4.1	10:27	-0.7	8:05	5:45	
6	Sun	4:48	7.7	2:49	8.0	9:33	4.8	10:10	-1.5	7:06	4:43	
7	Mon	5:45	8.2	3:24	8.0	10:29	5.3	10:53	-1.9	7:08	4:42	
8	Tue	6:40	8.5	4:02	7.8	11:26	5.8	11:38	-1.9	7:09	4:40	
9	Wed	7:36	8.6	4:40	7.5			12:28	6.1	7:11	4:39	
10	Thu	8:31	8.6	5:19	7.0	12:24	-1.6	1:43	6.1	7:12	4:38	
11	Fri	9:25	8.5	6:00	6.3	1:10	-1.0	3:08	5.9	7:14	4:36	
12	Sat	10:17	8.4	6:49	5.6	1:58	-0.2	4:36	5.4	7:16	4:35	
13	Sun	11:04	8.2	8:10	4.9	2:45	0.7	5:55	4.7	7:17	4:34	
14	Mon	11:46	8.1	11:06	4.5	3:33	1.6	6:48	4.0	7:19	4:32	
15	Tue			12:21	7.9	4:25	2.5	7:25	3.2	7:20	4:31	
16	Wed	12:56	4.8	12:50	7.8	5:22	3.3	7:57	2.4	7:22	4:30	
17	Thu	2:11	5.3	1:13	7.6	6:23	4.0	8:26	1.6	7:23	4:29	
18	Fri	3:13	5.9	1:30	7.5	7:21	4.6	8:53	1.0	7:25	4:28	
19	Sat	4:06	6.5	1:47	7.5	8:14	5.1	9:20	0.4	7:26	4:27	
20	Sun	4:52	7.0	2:07	7.4	9:04	5.5	9:47	-0.1	7:28	4:26	
21	Mon	5:34	7.4	2:31	7.4	9:52	5.8	10:16	-0.4	7:29	4:25	
22	Tue	6:15	7.8	2:59	7.3	10:38	6.1	10:47	-0.7	7:31	4:24	
23	Wed	6:56	8.0	3:28	7.2	11:25	6.3	11:20	-0.8	7:32	4:23	
24	Thu	7:38	8.2	3:59	7.0			12:17	6.4	7:33	4:22	
25	Fri	8:20	8.3	4:30	6.8			1:18	6.4	7:35	4:22	
26	Sat	9:00	8.4	5:06	6.4	12:32	-0.5	2:30	6.2	7:36	4:21	
27	Sun	9:37	8.4	5:57	5.9	1:13	-0.1	3:44	5.8	7:38	4:20	
28	Mon	10:12	8.4	7:21	5.3	1:57	0.5	4:51	5.1	7:39	4:20	
29	Tue	10:42	8.4	9:16	4.8	2:45	1.2	5:41	4.1	7:40	4:19	
30	Wed	11:11	8.4	11:58	4.9	3:37	2.2	6:24	2.9	7:41	4:18	