



































## Upright Head, Lopez Island, WA - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:19	7.5	12:44	6.9	8:24	5.6	8:24	0.0	6:51	5:55	
2	Thu	3:59	7.7	1:54	6.8	9:16	5.1	9:09	0.2	6:50	5:57	
3	Fri	4:33	7.7	2:58	6.7	9:59	4.6	9:49	0.5	6:48	5:58	
4	Sat	5:04	7.7	3:55	6.7	10:37	4.1	10:25	0.9	6:46	6:00	
5	Sun	5:31	7.6	4:45	6.6	11:11	3.6	10:59	1.5	6:44	6:01	
6	Mon	5:55	7.4	5:33	6.4	11:44	3.1	11:32	2.1	6:42	6:03	
7	Tue	6:14	7.3	6:20	6.3			12:18	2.7	6:40	6:04	
8	Wed	6:28	7.1	7:13	6.1	12:04	2.7	12:53	2.4	6:37	6:06	
9	Thu	6:42	6.9	8:15	5.9	12:39	3.3	1:32	2.1	6:35	6:07	
10	Fri	7:01	6.8	9:32	5.8	1:15	4.0	2:13	1.8	6:33	6:09	
11	Sat	7:25	6.7	11:03	5.9	1:56	4.6	2:58	1.6	6:31	6:10	
12	Sun	8:55	6.6			3:43	5.1	4:48	1.4	7:29	7:12	
13	Mon	1:24	6.1	9:34 AM	6.5	4:41	5.5	5:44	1.2	7:27	7:14	
14	Tue	2:23	6.5	10:28 AM	6.4	6:00	5.8	6:44	1.0	7:25	7:15	
15	Wed	3:09	6.8	11:40 AM	6.3	7:40	5.7	7:42	0.8	7:23	7:17	
16	Thu	3:47	7.1	1:00	6.3	8:46	5.3	8:35	0.6	7:21	7:18	
17	Fri	4:19	7.3	2:15	6.4	9:31	4.7	9:24	0.5	7:19	7:20	
18	Sat	4:48	7.4	3:26	6.6	10:13	4.0	10:11	0.7	7:17	7:21	
19	Sun	5:14	7.5	4:35	6.9	10:53	3.1	10:57	1.1	7:15	7:23	
20	Mon	5:38	7.6	5:40	7.1	11:34	2.2	11:42	1.7	7:13	7:24	
21	Tue	6:03	7.6	6:43	7.2			12:17	1.3	7:11	7:26	
22	Wed	6:29	7.6	7:49	7.2	12:27	2.4	1:03	0.6	7:09	7:27	
23	Thu	6:58	7.5	9:00	7.1	1:14	3.3	1:52	0.1	7:06	7:29	
24	Fri	7:29	7.4	10:18	7.1	2:04	4.1	2:44	-0.2	7:04	7:30	
25	Sat	8:05	7.1	11:38	7.0	3:00	4.9	3:40	-0.2	7:02	7:31	
26	Sun	8:47	6.8			4:05	5.4	4:40	-0.1	7:00	7:33	
27	Mon	12:53	7.1	9:41 AM	6.4	5:32	5.6	5:44	0.2	6:58	7:34	
28	Tue	1:55	7.2	10:57 AM	6.0	7:23	5.4	6:53	0.6	6:56	7:36	
29	Wed	2:45	7.3	12:47	5.8	8:35	4.9	7:57	0.9	6:54	7:37	
30	Thu	3:28	7.3	2:19	5.8	9:25	4.2	8:52	1.2	6:52	7:39	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Fri	<b>4:04</b>	7.3	<b>3:30</b>	5.9	<b>10:05</b>	3.6	<b>9:39</b>	1.6	6:50	7:40	