





## Upright Head, Lopez Island, WA - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:05	8.6	12:16	8.8	8:12	8.0	9:00	-2.5	8:03	4:27	
2	Mon	5:43	9.2	1:06	8.8	9:31	8.1	9:47	-3.0	8:03	4:28	
3	Tue	6:21	9.5	2:02	8.7	10:38	8.0	10:33	-3.0	8:03	4:29	
4	Wed	6:58	9.6	3:04	8.3	11:39	7.6	11:19	-2.6	8:03	4:30	
5	Thu	7:33	9.6	4:10	7.7			12:41	6.9	8:02	4:31	
6	Fri	8:05	9.4	5:19	6.9	12:03	-1.7	1:45	5.9	8:02	4:32	
7	Sat	8:35	9.2	6:37	6.0	12:45	-0.5	2:45	4.8	8:02	4:33	
8	Sun	9:01	9.0	8:28	5.2	1:26	1.0	3:43	3.6	8:01	4:35	
9	Mon	9:23	8.8	10:55	5.0	2:04	2.5	4:40	2.4	8:01	4:36	
10	Tue	9:43	8.6			2:39	4.0	5:36	1.4	8:00	4:37	
11	Wed	1:03	5.5	10:01 AM	8.5	3:10	5.3	6:27	0.5	8:00	4:39	
12	Thu	10:22	8.4					7:14	-0.1	7:59	4:40	
13	Fri	10:49	8.3					7:57	-0.6	7:59	4:41	
14	Sat	4:56	7.8	11:25 AM	8.1	7:28	7.7	8:38	-0.9	7:58	4:43	
15	Sun	5:20	8.2	12:08	8.0	9:14	7.7	9:15	-1.0	7:57	4:44	
16	Mon	5:47	8.4	12:55	7.8	10:12	7.5	9:50	-1.1	7:57	4:45	
17	Tue	6:15	8.5	1:42	7.7	10:56	7.3	10:22	-1.0	7:56	4:47	
18	Wed	6:42	8.6	2:31	7.4	11:35	7.0	10:53	-0.8	7:55	4:48	
19	Thu	7:08	8.6	3:22	7.1			12:14	6.6	7:54	4:50	
20	Fri	7:32	8.5	4:14	6.6			12:54	6.1	7:53	4:51	
21	Sat	7:51	8.3	5:07	6.2			1:33	5.5	7:52	4:53	
22	Sun	8:02	8.2	6:07	5.7	12:21	1.0	2:11	4.7	7:51	4:54	
23	Mon	8:08	8.0	7:21	5.2	12:51	1.9	2:48	3.9	7:50	4:56	
24	Tue	8:15	8.0	9:11	4.9	1:22	2.9	3:29	2.9	7:49	4:58	
25	Wed	8:29	8.0			1:53	4.1	4:14	1.9	7:48	4:59	
26	Thu	12:24	5.3	8:50 AM	8.1	2:25	5.2	5:05	0.9	7:47	5:01	
27	Fri	9:18	8.3					6:01	-0.1	7:45	5:02	
28	Sat	9:55	8.4					6:57	-1.0	7:44	5:04	
29	Sun	4:13	8.0	10:49 AM	8.5	6:33	7.8	7:51	-1.8	7:43	5:05	
30	Mon	4:44	8.6	11:56 AM	8.4	8:18	7.9	8:43	-2.3	7:42	5:07	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Tue	<b>5:15</b>	8.9	<b>1:07</b>	8.3	<b>9:31</b>	7.6	<b>9:32</b>	-2.4	7:40	5:09	