




































Upright Head, Lopez Island, WA - Mar 2053

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 3:14 | 7.6 | 12:29 | 7.2 | 8:03 | 5.7 | 8:13 | -0.5 | 6:51 | 5:56 |  |
| 2 | Sun | 3:55 | 7.9 | 1:44 | 7.1 | 9:02 | 5.2 | 9:04 | -0.4 | 6:49 | 5:57 |  |
| 3 | Mon | 4:31 | 8.0 | 2:56 | 7.1 | 9:52 | 4.5 | 9:51 | 0.0 | 6:47 | 5:59 |  |
| 4 | Tue | 5:04 | 8.0 | 4:03 | 7.0 | 10:37 | 3.8 | 10:34 | 0.5 | 6:45 | 6:00 |  |
| 5 | Wed | 5:34 | 7.9 | 5:03 | 6.9 | 11:19 | 3.1 | 11:14 | 1.3 | 6:43 | 6:02 |  |
| 6 | Thu | 6:02 | 7.8 | 6:00 | 6.7 | | | 12:01 | 2.6 | 6:41 | 6:03 |  |
| 7 | Fri | 6:27 | 7.5 | 6:59 | 6.4 | | | 12:43 | 2.1 | 6:39 | 6:05 |  |
| 8 | Sat | 6:48 | 7.3 | 8:04 | 6.2 | 12:30 | 2.9 | 1:26 | 1.8 | 6:37 | 6:06 |  |
| 9 | Sun | 8:07 | 7.1 | 10:18 | 6.0 | 1:09 | 3.7 | 3:10 | 1.6 | 7:35 | 7:08 |  |
| 10 | Mon | 8:28 | 6.8 | 11:40 | 6.0 | 2:50 | 4.4 | 3:56 | 1.5 | 7:33 | 7:10 |  |
| 11 | Tue | 8:55 | 6.6 | | | 3:34 | 5.0 | 4:45 | 1.4 | 7:31 | 7:11 |  |
| 12 | Wed | 1:02 | 6.1 | 9:29 AM | 6.5 | 4:28 | 5.4 | 5:41 | 1.4 | 7:28 | 7:13 |  |
| 13 | Thu | 2:08 | 6.4 | 10:15 AM | 6.3 | 5:45 | 5.7 | 6:41 | 1.3 | 7:26 | 7:14 |  |
| 14 | Fri | 2:59 | 6.6 | 11:20 AM | 6.1 | 7:50 | 5.7 | 7:39 | 1.2 | 7:24 | 7:16 |  |
| 15 | Sat | 3:41 | 6.8 | 12:40 | 6.0 | 8:54 | 5.4 | 8:29 | 1.0 | 7:22 | 7:17 |  |
| 16 | Sun | 4:17 | 7.0 | 1:54 | 6.1 | 9:35 | 5.0 | 9:13 | 1.0 | 7:20 | 7:19 |  |
| 17 | Mon | 4:47 | 7.1 | 2:59 | 6.2 | 10:09 | 4.4 | 9:54 | 1.0 | 7:18 | 7:20 |  |
| 18 | Tue | 5:13 | 7.2 | 4:00 | 6.4 | 10:41 | 3.8 | 10:33 | 1.2 | 7:16 | 7:22 |  |
| 19 | Wed | 5:34 | 7.2 | 4:56 | 6.5 | 11:14 | 3.2 | 11:11 | 1.5 | 7:14 | 7:23 |  |
| 20 | Thu | 5:53 | 7.2 | 5:51 | 6.7 | 11:48 | 2.5 | 11:50 | 2.0 | 7:12 | 7:25 |  |
| 21 | Fri | 6:11 | 7.2 | 6:45 | 6.8 | | | 12:25 | 1.8 | 7:10 | 7:26 |  |
| 22 | Sat | 6:30 | 7.2 | 7:44 | 6.8 | 12:30 | 2.6 | 1:05 | 1.1 | 7:08 | 7:28 |  |
| 23 | Sun | 6:54 | 7.2 | 8:51 | 6.8 | 1:12 | 3.4 | 1:49 | 0.6 | 7:06 | 7:29 |  |
| 24 | Mon | 7:22 | 7.1 | 10:08 | 6.8 | 1:59 | 4.1 | 2:37 | 0.2 | 7:04 | 7:31 |  |
| 25 | Tue | 7:56 | 7.0 | 11:31 | 6.9 | 2:51 | 4.8 | 3:30 | 0.0 | 7:01 | 7:32 |  |
| 26 | Wed | 8:36 | 6.9 | | | 3:52 | 5.4 | 4:28 | -0.1 | 6:59 | 7:34 |  |
| 27 | Thu | 12:49 | 7.1 | 9:29 AM | 6.6 | 5:08 | 5.6 | 5:31 | 0.0 | 6:57 | 7:35 |  |
| 28 | Fri | 1:52 | 7.3 | 10:42 AM | 6.2 | 6:56 | 5.5 | 6:40 | 0.2 | 6:55 | 7:37 |  |
| 29 | Sat | 2:42 | 7.4 | 12:22 | 6.0 | 8:19 | 5.0 | 7:47 | 0.4 | 6:53 | 7:38 |  |
| 30 | Sun | 3:25 | 7.5 | 2:03 | 6.0 | 9:14 | 4.3 | 8:47 | 0.8 | 6:51 | 7:39 |  |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|-------------|-----|-------------|-----|-------------|-----|-------------|-----|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Mon | 4:03 | 7.6 | 3:25 | 6.2 | 9:58 | 3.4 | 9:40 | 1.2 | 6:49 | 7:41 |  |