



































## Upright Head, Lopez Island, WA - Mar 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:19	8.1	3:10	7.2	10:24	5.0	10:21	-0.5	6:50	5:56	
2	Thu	5:44	8.1	4:15	7.1	11:06	4.2	11:03	0.1	6:48	5:58	
3	Fri	6:08	8.0	5:21	7.0	11:50	3.3	11:46	1.0	6:46	5:59	
4	Sat	6:31	7.9	6:30	6.8			12:37	2.4	6:44	6:01	
5	Sun	6:54	7.8	7:50	6.5	12:30	2.1	1:28	1.6	6:42	6:02	
6	Mon	7:18	7.7	9:25	6.4	1:15	3.2	2:21	0.9	6:40	6:04	
7	Tue	7:47	7.6	11:07	6.5	2:04	4.4	3:18	0.4	6:38	6:05	
8	Wed	8:20	7.4			2:59	5.3	4:20	0.1	6:36	6:07	
9	Thu	12:38	6.8	9:01 AM	7.2	4:09	6.0	5:27	-0.1	6:34	6:08	
10	Fri	1:48	7.2	9:56 AM	6.9	6:13	6.3	6:33	-0.2	6:32	6:10	
11	Sat	2:43	7.5	11:12 AM	6.6	7:52	6.1	7:32	-0.1	6:30	6:11	
12	Sun	4:28	7.6	1:38	6.5	9:49	5.6	9:23	0.0	7:28	7:13	
13	Mon	5:04	7.7	2:53	6.4	10:33	5.1	10:08	0.2	7:26	7:14	
14	Tue	5:36	7.7	3:58	6.4	11:08	4.6	10:47	0.6	7:24	7:16	
15	Wed	6:04	7.6	4:55	6.4	11:40	4.0	11:23	1.0	7:22	7:18	
16	Thu	6:28	7.4	5:46	6.4			12:10	3.4	7:20	7:19	
17	Fri	6:48	7.2	6:34	6.3			12:39	2.9	7:18	7:21	
18	Sat	7:02	7.0	7:23	6.2	12:28	2.2	1:10	2.4	7:15	7:22	
19	Sun	7:11	6.8	8:17	6.1	1:01	2.9	1:43	2.0	7:13	7:24	
20	Mon	7:23	6.7	9:21	6.1	1:36	3.6	2:19	1.7	7:11	7:25	
21	Tue	7:39	6.6	10:40	6.0	2:14	4.3	2:59	1.4	7:09	7:27	
22	Wed	7:59	6.5			2:57	4.9	3:42	1.1	7:07	7:28	
23	Thu	12:09	6.2	8:23 AM	6.4	3:48	5.5	4:31	0.9	7:05	7:30	
24	Fri	1:27	6.5	8:54 AM	6.3	4:52	5.9	5:27	0.7	7:03	7:31	
25	Sat	2:25	6.8	9:45 AM	6.2	6:35	6.1	6:28	0.5	7:01	7:32	
26	Sun	3:10	7.2	11:10 AM	6.0	8:29	5.8	7:29	0.3	6:59	7:34	
27	Mon	3:47	7.4	12:44	6.0	9:09	5.4	8:26	0.2	6:57	7:35	
28	Tue	4:18	7.5	2:08	6.2	9:44	4.7	9:18	0.2	6:55	7:37	
29	Wed	4:46	7.6	3:27	6.5	10:20	3.9	10:08	0.5	6:53	7:38	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>30</b>	Thu	<b>5:11</b>	7.6	<b>4:41</b>	6.8	<b>10:57</b>	2.9	<b>10:56</b>	1.1	6:50	7:40	
<b>31</b>	Fri	<b>5:34</b>	7.6	<b>5:51</b>	7.1	<b>11:38</b>	1.8	<b>11:44</b>	1.9	6:48	7:41	