



































Upright Head, Lopez Island, WA - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:25	6.0	11:41 AM	8.6	5:33	5.4	7:40	-0.2	8:03	4:27	
2	Tue	3:39	7.1	12:15	8.7	6:52	6.4	8:24	-1.4	8:03	4:28	
3	Wed	4:37	8.1	12:54	8.8	8:11	7.1	9:09	-2.2	8:03	4:29	
4	Thu	5:27	8.8	1:37	8.7	9:26	7.4	9:55	-2.6	8:03	4:30	
5	Fri	6:12	9.2	2:24	8.5	10:35	7.5	10:40	-2.7	8:02	4:31	
6	Sat	6:56	9.4	3:15	8.2	11:40	7.3	11:25	-2.3	8:02	4:32	
7	Sun	7:38	9.4	4:08	7.6			12:47	6.9	8:02	4:34	
8	Mon	8:18	9.3	5:01	7.0	12:08	-1.6	1:57	6.4	8:01	4:35	
9	Tue	8:56	9.1	5:58	6.2	12:49	-0.7	3:02	5.6	8:01	4:36	
10	Wed	9:30	8.8	7:09	5.3	1:29	0.5	4:04	4.8	8:00	4:37	
11	Thu	10:01	8.5	9:13	4.7	2:06	1.7	5:02	3.9	8:00	4:39	
12	Fri	10:26	8.3	11:52	4.7	2:42	2.9	5:53	3.0	7:59	4:40	
13	Sat	10:46	8.0			3:18	4.0	6:36	2.2	7:59	4:41	
14	Sun	1:37	5.3	11:01 AM	7.9	3:58	5.0	7:13	1.4	7:58	4:43	
15	Mon	3:01	6.0	11:20 AM	7.8	4:56	5.9	7:48	0.7	7:57	4:44	
16	Tue	4:00	6.8	11:47 AM	7.8	6:24	6.6	8:21	0.1	7:56	4:46	
17	Wed	4:41	7.4	12:20	7.8	7:53	6.9	8:55	-0.4	7:56	4:47	
18	Thu	5:17	7.9	12:57	7.8	9:06	7.1	9:28	-0.8	7:55	4:49	
19	Fri	5:50	8.2	1:36	7.7	10:04	7.1	10:02	-1.0	7:54	4:50	
20	Sat	6:23	8.5	2:18	7.6	10:51	7.0	10:35	-1.1	7:53	4:51	
21	Sun	6:55	8.6	3:02	7.4	11:36	6.9	11:09	-1.0	7:52	4:53	
22	Mon	7:25	8.7	3:50	7.2			12:21	6.6	7:51	4:55	
23	Tue	7:53	8.7	4:41	6.8			1:09	6.1	7:50	4:56	
24	Wed	8:17	8.5	5:38	6.3	12:18	-0.2	1:57	5.5	7:49	4:58	
25	Thu	8:35	8.4	6:48	5.7	12:55	0.6	2:45	4.6	7:48	4:59	
26	Fri	8:52	8.3	8:20	5.2	1:34	1.6	3:34	3.6	7:47	5:01	
27	Sat	9:11	8.2	10:50	5.1	2:16	2.8	4:27	2.5	7:45	5:02	
28	Sun	9:36	8.3			3:01	4.1	5:23	1.4	7:44	5:04	
29	Mon	1:07	5.8	10:07 AM	8.3	3:54	5.4	6:19	0.2	7:43	5:06	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Tue	2:36	6.7	10:46 AM	8.3	5:09	6.4	7:13	-0.7	7:42	5:07	
31	Wed	3:40	7.6	11:34 AM	8.4	6:47	7.1	8:05	-1.5	7:40	5:09	