

Upright Head, Lopez Island, WA - Mar 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:39	7.7	1:06	7.1	8:31	5.4	8:35	-0.4	6:50	5:56	
2	Fri	4:08	7.9	2:24	7.2	9:21	4.5	9:24	0.0	6:48	5:58	
3	Sat	4:35	8.0	3:41	7.3	10:07	3.5	10:11	0.6	6:46	5:59	
4	Sun	5:01	8.0	4:52	7.3	10:53	2.5	10:56	1.4	6:44	6:01	
5	Mon	5:27	8.0	6:00	7.2	11:39	1.5	11:41	2.4	6:42	6:02	
6	Tue	5:52	7.9	7:11	7.0			12:28	0.8	6:40	6:04	
7	Wed	6:18	7.8	8:27	6.8	12:25	3.5	1:19	0.3	6:38	6:05	
8	Thu	6:46	7.7	9:49	6.7	1:11	4.4	2:12	0.1	6:36	6:07	
9	Fri	7:17	7.4	11:14	6.7	2:00	5.2	3:08	0.1	6:34	6:09	
10	Sat	7:52	7.1			2:57	5.8	4:08	0.3	6:32	6:10	
11	Sun	12:31	6.8	9:36 AM	6.8	5:15	6.1	6:13	0.5	7:30	7:12	
12	Mon	2:31	7.0	10:37 AM	6.4	7:31	6.0	7:17	0.7	7:28	7:13	
13	Tue	3:18	7.1	12:11	6.1	8:46	5.6	8:14	0.9	7:26	7:15	
14	Wed	3:56	7.1	1:49	6.0	9:32	5.1	9:02	1.1	7:24	7:16	
15	Thu	4:28	7.2	3:01	6.0	10:08	4.5	9:43	1.3	7:21	7:18	
16	Fri	4:55	7.1	4:02	6.1	10:38	3.9	10:20	1.7	7:19	7:19	
17	Sat	5:18	7.1	4:56	6.3	11:06	3.2	10:54	2.1	7:17	7:21	
18	Sun	5:37	7.0	5:45	6.4	11:33	2.6	11:27	2.5	7:15	7:22	
19	Mon	5:50	6.9	6:31	6.5			12:01	2.1	7:13	7:24	
20	Tue	6:01	6.9	7:18	6.5			12:32	1.5	7:11	7:25	
21	Wed	6:14	6.8	8:09	6.5	12:33	3.6	1:05	1.1	7:09	7:27	
22	Thu	6:31	6.8	9:07	6.5	1:08	4.2	1:41	0.8	7:07	7:28	
23	Fri	6:52	6.8	10:17	6.5	1:47	4.8	2:22	0.5	7:05	7:30	
24	Sat	7:17	6.8	11:35	6.6	2:31	5.3	3:08	0.3	7:03	7:31	
25	Sun	7:47	6.7			3:25	5.8	3:58	0.2	7:01	7:33	
26	Mon	12:47	6.8	8:30 AM	6.6	4:31	6.0	4:55	0.2	6:59	7:34	
27	Tue	1:42	7.1	9:40 AM	6.3	6:00	5.9	5:58	0.2	6:56	7:36	
28	Wed	2:24	7.2	11:16 AM	6.0	7:38	5.4	7:03	0.4	6:54	7:37	
29	Thu	2:59	7.4	1:03	6.0	8:34	4.6	8:06	0.7	6:52	7:39	
30	Fri	3:29	7.4	2:41	6.2	9:19	3.5	9:04	1.2	6:50	7:40	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	3:57	7.5	4:06	6.6	10:02	2.3	9:59	1.9	6:48	7:41	