

Upright Head, Lopez Island, WA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:29	8.0					6:51	1.3	8:03	4:27	
2	Fri	10:52	8.1					7:25	0.2	8:03	4:28	
3	Sat	4:20	7.2	11:20 AM	8.3	6:07	7.1	8:02	-0.8	8:03	4:29	
4	Sun	4:57	8.0	11:56 AM	8.4	7:40	7.7	8:43	-1.7	8:02	4:30	
5	Mon	5:34	8.7	12:37	8.5	9:01	8.0	9:25	-2.3	8:02	4:31	
6	Tue	6:10	9.2	1:24	8.6	10:10	8.1	10:09	-2.7	8:02	4:32	
7	Wed	6:46	9.5	2:18	8.4	11:09	7.9	10:52	-2.7	8:02	4:33	
8	Thu	7:21	9.6	3:20	8.1			12:07	7.5	8:01	4:34	
9	Fri	7:54	9.5	4:26	7.5			1:08	6.8	8:01	4:36	
10	Sat	8:23	9.3	5:37	6.7	12:19	-1.4	2:08	5.8	8:00	4:37	
11	Sun	8:49	9.1	7:02	5.8	1:01	-0.2	3:06	4.6	8:00	4:38	
12	Mon	9:12	8.9	9:07	5.1	1:43	1.3	4:02	3.3	7:59	4:40	
13	Tue	9:31	8.7	11:44	5.2	2:22	2.9	4:59	2.0	7:59	4:41	
14	Wed	9:50	8.6			3:00	4.5	5:54	0.8	7:58	4:42	
15	Thu	1:47	6.0	10:11 AM	8.6	3:36	5.9	6:46	-0.1	7:57	4:44	
16	Fri	10:38	8.5					7:34	-0.8	7:56	4:45	
17	Sat	11:12	8.4					8:19	-1.2	7:56	4:47	
18	Sun	5:07	8.2	11:53 AM	8.2	8:41	7.8	9:01	-1.4	7:55	4:48	
19	Mon	5:38	8.5	12:40	8.0	9:57	7.7	9:40	-1.4	7:54	4:50	
20	Tue	6:08	8.7	1:28	7.8	10:49	7.5	10:16	-1.3	7:53	4:51	
21	Wed	6:37	8.7	2:18	7.5	11:32	7.2	10:49	-1.0	7:52	4:53	
22	Thu	7:06	8.6	3:10	7.2			12:13	6.8	7:51	4:54	
23	Fri	7:32	8.5	4:01	6.8			12:54	6.3	7:50	4:56	
24	Sat	7:55	8.4	4:54	6.3			1:34	5.7	7:49	4:57	
25	Sun	8:12	8.1	5:50	5.8	12:19	0.7	2:13	5.0	7:48	4:59	
26	Mon	8:21	7.9	6:57	5.3	12:49	1.6	2:50	4.3	7:47	5:00	
27	Tue	8:25	7.8	8:31	4.9	1:18	2.6	3:27	3.4	7:45	5:02	
28	Wed	8:33	7.8	11:39	5.0	1:47	3.7	4:08	2.6	7:44	5:04	
29	Thu	8:48	7.8			2:15	4.7	4:55	1.7	7:43	5:05	
30	Fri	9:09	7.9					5:45	0.8	7:42	5:07	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	9:37	8.0					6:37	-0.1	7:40	5:08	